

Miles Nxt Turn	Miles So Far	Turn	Traffic Sign	LBL 290K PERMANENT Description
				Control #1 - Chevron @ I-24 Exit 65 (McDonalds, Wendys, Taco Bell, Stores)
		RIGHT	SL	Leaving Control, turn RIGHT onto US 68 (SR 80 (Hopkinsville Rd))
0.1	0.1	RIGHT		Turn RIGHT onto SR 276 (Rocky Ridge Rd)
2.5	2.6	LEFT		Turn LEFT onto E Adams Mill Rd
1.1	3.7	STRAIGHT	SS	Continue STRAIGHT on Adams Mill Road
2.0	5.7	RIGHT	SS-TJ	Turn RIGHT onto E Adams Mill Rd
2.2	7.9	RIGHT		Turn RIGHT onto 'Ppool Rd
2.2	10.1	LEFT	SS-TJ	Turn LEFT onto SR 276 (Not Marked)
0.9	11.0	STRAIGHT		STRAIGHT on SR 93 (crossing SR 139)
3.9	14.9	RIGHT		Turn RIGHT onto SR 903
1.7	16.6	LEFT		Turn LEFT onto SR 730
1.2	17.8	RIGHT		Turn RIGHT onto Eddy Crk (watch for dogs)
2.7	20.5	LEFT	SS-TJ	Turn LEFT onto Gray Farm Rd (Not Marked)
1.6	22.1	RIGHT	SS-TJ	Turn RIGHT onto SR 730
0.5	22.6	LEFT	SS-TJ	Turn LEFT onto SR 293
0.2	22.8	RIGHT		Turn RIGHT onto Liberty Rd
1.7	24.5	LEFT	SS-TJ	Turn LEFT onto SR 818 (Not Marked)
1.2	25.7	RIGHT		Turn RIGHT onto Ladd Rd
0.8	26.5	LEFT	SS-TJ	Turn LEFT onto Titus Rd (Not Marked)
1.2	27.7	RIGHT	SS-TJ	Turn RIGHT onto SR 93 (Not Marked)
1.9	29.6	STRAIGHT	SL	Control #2 - Shell Station - Eddyville, KY (Hardees, Subway, Mcd) OPEN start + 1:36 - CLOSE start + 3:12
-	29.6	RIGHT		Leaving Control, turn RIGHT onto US 62
0.8	30.4	LEFT		Turn LEFT onto SR 295 (Lake Barkley Dr)
3.3	33.7	LEFT		Turn LEFT onto Beech St
0.4	34.1	LEFT	SS-TJ	Turn LEFT onto Lakeshore Dr
0.8	34.9	RIGHT	SS-TJ	Turn RIGHT onto Old Paducah-Kuttawa Rd (Not Marked)
1.3	36.2	LEFT	SS-TJ	Turn LEFT onto US 62 (US 641)
0.4	36.6	RIGHT		Turn RIGHT onto SR 810
0.2	36.8	LEFT		Turn LEFT onto Rusty Ridge Rd (becomes Rusty Rd)
2.0	38.8	LEFT	SS-TJ	Turn LEFT onto Hopewell Rd
1.1	39.9	RIGHT	SS-TJ	Turn RIGHT onto US 62 (US 641)
1.5	41.4	LEFT		Turn LEFT onto Depot Rd
1.5	42.9	LEFT	SS-TJ	Turn LEFT onto SR 952 (J H O'Bryan Ave)
1.0	43.9			Optional - Grand Rivers, KY - STORES
0.2	44.1	RIGHT		Turn RIGHT onto Un-named connector road (only about 10 feet long)
-	44.1	LEFT		Then, immediate LEFT onto SR 453 (SR 49, Trace)
20.5	64.6	LEFT		OPTIONAL: Drinking water available at Golden Pond Visitor Center until 5:00 PM. Leaving turn LEFT continuing south on the Trace
25.9	90.5	LEFT	SL-TJ	Control #3 - BP - Intersection of US 79 & SR 453 OPEN start + 4:52 - CLOSE start + 9:44

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	90.5	LEFT	SL-TJ	Control #3 - BP - Intersection of US 79 & SR 453 OPEN start + 4:52 - CLOSE start + 9:44
	90.5	RIGHT		Leaving Control, return NORTH on the Trace back thru LBL
46.4	136.9	RIGHT		Turn RIGHT onto Un-named connector road (only about 10 feet long)
-	136.9	LEFT		Then immediate LEFT onto SR 952 (J H O'Bryan Ave)
-	136.9			Optional - Grand Rivers, KY - STORES
1.2	138.1	RIGHT		Turn RIGHT onto Depot Rd
1.5	139.6	RIGHT	SS	Turn RIGHT onto US 62 (US 641)
1.5	141.1	LEFT		Turn LEFT onto Hopewell Rd
1.1	142.2	RIGHT		Turn RIGHT onto Rusty Rd (becomes Rusty Ridge Road)
2.0	144.2	RIGHT		Turn RIGHT onto SR 810
0.2	144.4	LEFT	SS	Turn LEFT onto US 62 (US 641)
0.4	144.8	RIGHT		Turn RIGHT onto Old Paducah-kuttawa Rd
1.3	146.1	LEFT		Turn LEFT onto Lakeshore Dr
0.8	146.9	RIGHT		Turn RIGHT onto Beech St
0.4	147.3	RIGHT		Turn RIGHT onto SR 295 (Lake Barkley Dr)
3.3	150.6	RIGHT	SS	Turn RIGHT onto US 62 (US 641 (SR 93))
0.8	151.4	LEFT	SL	Control #4 - Shell Station - Eddyville, KY (Hardees, Subway, Mcd) OPEN start + 8:08 - CLOSE start + 16:16
-	151.4	RIGHT		Leaving Control Turn RIGHT onto SR 93 (crossing US 62)
1.9	153.3	LEFT		Turn LEFT onto Titus Rd
1.2	154.5	RIGHT		Turn RIGHT onto Ladd Rd
0.8	155.3	LEFT	SS-TJ	Turn LEFT onto SR 818
1.1	156.4	RIGHT		Turn RIGHT onto Liberty Rd
1.7	158.1	LEFT	SS-TJ	Turn LEFT onto SR 293
0.2	158.3	RIGHT		Turn RIGHT onto SR 730
0.5	158.8	LEFT		Turn LEFT onto Gray Farm Rd
1.6	160.4	RIGHT		Turn RIGHT onto Eddy Crk
2.7	163.1	LEFT	SS-TJ	Turn LEFT onto SR 730 (Stanley Faughn Rd)
1.2	164.3	RIGHT	SS-TJ	Turn RIGHT onto SR 903
1.7	166.0	LEFT	SS	Turn LEFT onto SR 93
3.9	169.9	STRAIGHT	SS	STRAIGHT on SR 276 (Black Hawk Rd) (Crossing SR 139)
0.9	170.8	RIGHT		Turn RIGHT onto Poole School Rd
2.2	173.0	LEFT	SS-TJ	Turn LEFT onto E Adams Mill Rd (Not Marked)
2.3	175.3	LEFT		Turn LEFT onto E Adams Mill Rd (watch for gravel)
3.1	178.4	RIGHT	SS-TJ	Turn RIGHT onto SR 276 (Rocky Ridge Rd)
2.5	180.9	LEFT	SS	Turn LEFT onto US 68 (SR 80 Hopkinsville Rd)
0.1	181.0	LEFT	SL	Control #5 - Chevron @ I-24 Exit 65 OPEN start + 9:42 - CLOSE start + 19:24